

# Sunday, May 10, 2009

## Clothed with Christ—Part 2 “What Sort of Kind Are You?”

*Colossians 3:12 & Selected Scripture*

*“Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with ... kindness ....” (Colossians 3:12)*

How can you show kindness to others?  
*Say “Yes” to the “Five ‘S’ Plan”!*

### 1) Be SENSITIVE.

*“Each of you should look not only to your own interests, but also to the interests of others.” (Philippians 2:4)*

### 2) Be SUPPORTIVE.

*“The tongue that brings healing is a tree of life ....” (Proverbs 15:4)*

### 3) Be SYMPATHETIC.

*“Rejoice with those who rejoice; mourn with those who mourn.” (Romans 12:15)*

### 4) Be STRAIGHTFORWARD.

*“Wounds from a friend can be trusted, but an enemy multiplies kisses.” (Proverbs 27:6)*

### 5) Be SPONTANEOUS.

*“Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.” (Galatians 6:10)*

**KINDNESS CHALLENGE:** Do 7 secret acts of kindness to someone around you and don't tell the person who did it. Don't even hint: “Honey, did you notice the flowers?” ... “Did you notice the bathroom was clean?” ... “Did you notice the car was washed?” Do 7 acts of kindness - that's one a day - and don't tell anybody. Get your joy from the Lord! Be THAT sort of Kind!